

A man in a white t-shirt and black pants is performing a handstand on a concrete surface. He is smiling and looking towards the camera. A friend in a black t-shirt and dark pants is sitting on the ground behind him, also smiling. The background is a blurred outdoor setting with a large white structure. The image is overlaid with large, vibrant geometric shapes in orange, red, and yellow.

*AIA Vitality*

# SEIZE LIFE AND LIVE WITH VITALITY

Push yourself to do one more healthy activity  
and be rewarded every time.





# Achieve a healthier, longer and better life with AIA Vitality!

AIA Vitality is a science-backed total wellness program that helps you know what your body and mind need, encourages you to do one more for your health and rewards you for your healthy choices.



# BEING HEALTHY HAS NEVER BEEN THIS REWARDING!

## KNOW YOUR HEALTH

The best way to stay healthy is to know what your mind and body need.

Start your journey by taking our online assessments!

- Do the AIA Vitality Health Check.
- Complete the online assessments.
- Find out your health goals.
- Take vaccinations and other preventive care assessments.
- Take a fitness assessment and nutrition consultation.



**UP TO PHP 600 OFF**  
fitness assessment  
and nutrition consultation



**10% OFF**  
basic and selected  
advanced screens



**UP TO 30% OFF**  
select products  
and services



**10% OFF**  
basic and selected  
advanced screens



**UP TO PHP575 OFF**  
fitness assessment  
and nutrition consultation

## IMPROVE YOUR HEALTH

Make one more healthy choice daily. Rack up points by hitting your fitness, sleep and nutrition goals.

- Walk or jog to earn easy points.
- Work out at partner gyms.
- Avoid unhealthy habits.
- Get new workout gear at a discount.
- Get 7 hours of sleep.



**UP TO 30% OFF\***  
selected fitness  
devices



**UP TO 30% OFF\***  
selected fitness  
devices



**70% OFF**  
Elite membership



**10% OFF**  
Smoking Cessation  
Program



**25% OFF\*\*\***  
regular-priced items



**UP TO 30% OFF\***  
selected fitness devices



**25% OFF\*\*\***  
regular-priced items



**70% OFF**  
Champion membership



**25% OFF\*\*\***  
regular-priced items

## ENJOY THE REWARDS

Increase your AIA Vitality Status by earning points for your healthy choices! The higher your status, the greater your rewards!

Note: Answer the "How Healthy Are You?" assessment every membership year to activate Active Rewards.

- Enjoy perks from our wide range of partners.
- Earn more rewards by increasing your AIA Vitality Status.
- Save and get more value for money through AIA Philippines and BPI AIA insurance plans.



**UP TO 20%\*\***  
premium discount



**UP TO 50%\*\***  
additional coverage



**UP TO 100%\*\***  
loyalty boost



**UP TO 50%\*\***  
double booster  
(coverage + loyalty boost)



**15% OFF**  
admission tickets  
(max. of 11 tickets /day)



**UP TO 35% OFF\***  
local and international  
roundtrip airfare



**UP TO 30% OFF\***  
selected gadgets  
and appliances



**UP TO 35% OFF\***  
best available rates



**ACTIVE REWARD**  
when you hit your weekly  
fitness target

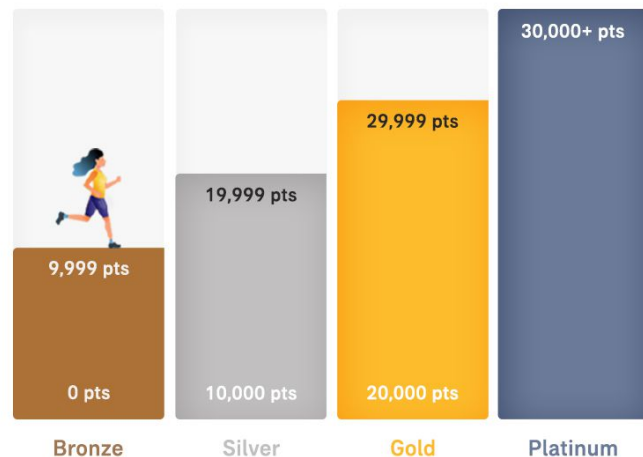
Your choice of PHP100 eGift:



**Notes:**  
\*depends on your AIA Vitality Status  
\*\*depends on your insurance policy and AIA Vitality Status  
\*\*\*maximum of PHP20,000 annual spending limit  
The policy contract governs if there are conflicts.  
Partners and benefits as of February 1, 2023.  
Partners, discount rates, and benefits are subject to change without prior notice.  
For latest updates, visit [www.aia.com.ph](http://www.aia.com.ph) or [www.bpi-aia.com.ph](http://www.bpi-aia.com.ph). Terms and conditions apply.

# AIM HIGH

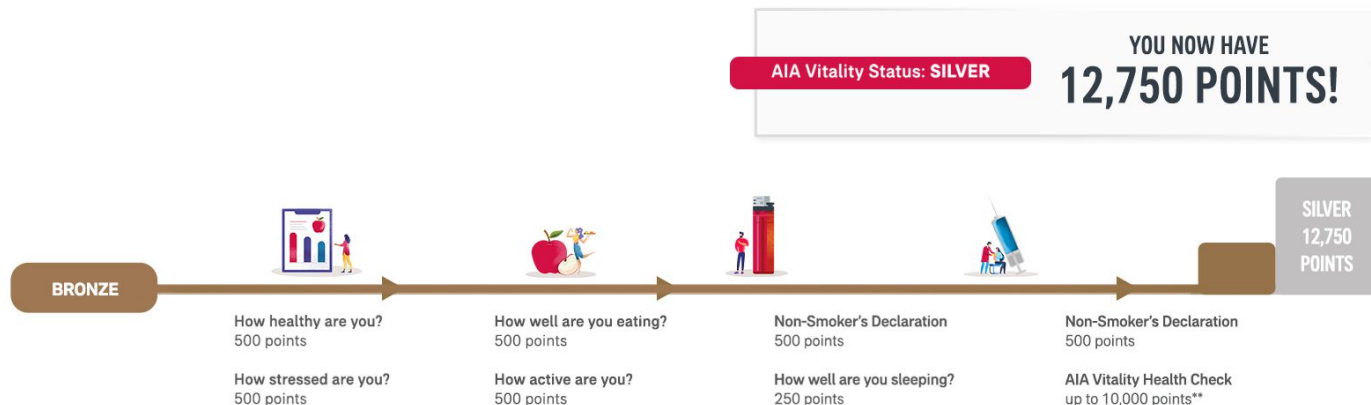
Consistency is key so do one more healthy activity every day to earn points. The more points you earn, the higher your AIA Vitality Status, the bigger your rewards!



#### Notes:

- Points run for one (1) membership year and reset to zero on the membership anniversary.
- Your partner discounts and insurance benefits (depending on your policy) will be based on the highest status you reached in your current or previous membership year.

## YOUR CHEAT SHEET TO SILVER STATUS TO START YOU OFF.



AIA Vitality

**CONTACT A FINANCIAL ADVISOR OR BANCASSURANCE SALES EXECUTIVE TO GET STARTED**



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